



Aching Arms

Registered charity number 1153296

Aching Arms

Application Information

Supporting Arms for Dads Lead

---



**Job Title:** Supporting Arms for Dads Lead

**Working Hours:** 3 hours per week, part-time, with flexible working

**Salary Band:** £25 an hour

**Location:** Home based with some travel to staff meetings and Be Together events

**Reporting to:** Bereavement Care Manager

**This is a fixed term post of 3 years, continuing while funding is available.**

**Start date: 1st September 2024**

We understand that newly bereaved parents may wish to support our charity, however, due to the nature of our work, it is advised that a period of at least 6 months is allowed before applying for a post with us.

## About Us

Aching Arms is a vibrant and growing charity delivering comfort and support to bereaved parents after the loss of their baby during pregnancy, at birth or soon after.

It's an exciting time to join our friendly and compassionate team. Working with our trustees, staff and volunteers, we have built a vision and three-year strategy to take us forward, enhance our services, and further improve the astounding contribution already made through our work to the lives of thousands of bereaved families across the UK, while fully supporting our volunteers and fundraisers who are vital to our success.

The main purpose and responsibilities of this role is to organise, run and develop the monthly Dads group and to provide support to bereaved dads on a 1:1 basis.

## **Key duties include:**

- To plan and develop the monthly online Dads group
  - Attend and take the lead in each monthly online Dads group
  - Have an understanding of the needs of group attendees and be compassionate and supportive in all communications with bereaved Dads, offering basic signposting to ongoing support where necessary.
  - Make links with charities/individual's organisations who could support the service to Dads
  - Provide 1;1 support for bereaved Dads as and when requested
  - To work alongside the Bereavement Care Manager to develop the content for the Dads area of the Aching Arms Website
  - Work with the Digital Marketing Manager on group and individual support promotion
  - Review the Dads group and individual support and provide feedback to the Bereavement Care Manager
    - On occasion provide training/be part of training on behalf of Aching Arms
    - To occasionally input into the Be Together programme where the event targets bereaved dads
    - Review and develop the Dads guide book as needed
    - To have an awareness of the emotional impact that this role has and to seek appropriate support as necessary
- Comply with the necessary policies and code of conduct
- Where necessary support other areas of the Aching Arms team as requested by the CEO and where there is availability

## **The Candidate:**

No formal qualifications are required, however previous experience in similar roles and skills relevant to the position will be required and are key to you being a good fit.

We welcome applications from those who are able to understand and show empathy with Aching Arms' mission and purpose.

## **What you will need for this role:**

- Excellent experience providing support to individuals who have experienced trauma and/or grief.

- Excellent communication skills across all formats and the ability to differentiate communication styles appropriately to respond accordingly to parents, volunteers and health professionals.
- Excellent organisational skills
- To have a thorough understanding of the impact losing a baby has on a family's/individual's mental health and an awareness of how to support this through online communication and face to face situations.
- To have an awareness of support for bereaved parents and Dads offered within the charity and within the wider baby loss community.
- To be able to attend team meetings as necessary.
- Good IT skills.

## **Our Commitment To Diversity & Inclusion**

We support families from every background and are committed to building a diverse and inclusive workforce that represents the families we support. If you share our passion for our cause and are motivated by our aims to provide support and comfort to bereaved families, we'd love to hear from you.

## **How To Apply**

Please send your CV and a supporting statement to:  
bereavementcare@achingarms.co.uk

If you have any questions about this role please direct them to our Bereavement Care Manager, Lindsay Carpenter-Oliver via email  
bereavementcare@achingarms.co.uk

**Closing date for Applications is:** 3rd June 2024.

**Interviews will be held on:** 17th June 2024.

**Start date:** 1st September 2024.

For further information about our charity please visit: [www.achingarms.co.uk](http://www.achingarms.co.uk)